



## Calendar of Trainings December 2018 through March 2019

Please read the important information on pages 6 and 7. Find the schedule by month on pages 8-11.  
Contact us at: [training@rideconnection.org](mailto:training@rideconnection.org) or 503-528-1767 [Register Online Here](#)

### The Best Ride: Customer Service and Passenger Assistance with Hands-on Wheelchair Securement (5-8 Hours)

This 5-8-hour course is designed to introduce and reinforce passenger assistance techniques in a community transportation setting.

**Topics covered include:** Communication, Customer Service and Conflict Resolution; Understanding the Needs of Your Riders; Person First Perspective; Assisting Persons with Mobility Differences, Americans with Disabilities Act, Hands on Wheelchair Securement Practice

**Cost of Course:** Network (No Cost); Non-Network \$60 per seat

**Note:** Please indicate one of the following options at registration.

- Best Ride (Ambulatory Only) - Early Release
- Best Ride with Securement

#### Available Sessions

Thursday	12/13/2018	9:00 AM- 5:00 PM	Ride Connection-Glisan; 9955 NE Glisan Street; Portland
Wednesday	1/2/2019	9:00 AM- 5:00 PM	Ride Connection-Glisan; 9955 NE Glisan Street; Portland
Tuesday	1/22/2019	9:00 AM- 5:00 PM	Ride Connection-Glisan; 9955 NE Glisan Street; Portland
Wednesday	2/6/2019	9:00 AM- 5:00 PM	Ride Connection-Glisan; 9955 NE Glisan Street; Portland
Thursday	2/28/2019	9:00 AM- 5:00 PM	Ride Connection-Glisan; 9955 NE Glisan Street; Portland
Thursday	3/7/2019	9:00 AM- 5:00 PM	Ride Connection-Glisan; 9955 NE Glisan Street; Portland
Wednesday	3/27/2019	9:00 AM- 5:00 PM	Ride Connection-Glisan; 9955 NE Glisan Street; Portland

**TuNote:** Course size restrictions are enforced for drivers needing securement. There are additional seats available in each class for the ambulatory only driver.

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### Mental Health First Aid (8.0 Hours)

Just as CPR helps you assist an individual having a heart attack, Mental Health First Aid helps you assist someone experiencing a mental health or substance use-related crisis. This course will cover the topics of depression, anxiety disorders, and substance use disorders as they relate to the older adults. We will also cover how to recognize that someone might have suicidal thoughts or behaviors and where to turn for help.

**Cost of Course:** Network (No Cost); Non-Network \$60 per seat for the full 8-hour course

**Notes:** See below for scheduling notes related to each specific session.

### Available Sessions

Tuesday	December 11**	9:00 AM- 6:00 PM	Ride Connection-Glisan; 9955 NE Glisan Street; Portland

\*\* This session includes 8 hours of required content and a 1- hour lunch break.

\*This session is offered in two parts. Participation in both parts is required for certification. Please be sure you are able to attend both parts when enrolling.

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### **PASS: Passenger Assistance (5.0 - 8.0 Hours)**

This class uses the CTAA/University of Wisconsin Milwaukee PASS training curriculum to deliver comprehensive passenger assistance and wheelchair securement training.

**Note:** Please indicate one of the following options at registration.

- PASS Basic (Ambulatory Only) - Early Release
- PASS with Securement

### **Cost of Course:**

- All participants \$95 per seat. Note that this course is not eligible for network discounts.

### **Available Sessions**

Thursday	12/20/2018	9:00 AM-5:00 PM	Ride Connection-Glisan; 9955 NE Glisan Street; Portland
Tuesday	1/8/2019	9:00 AM- 5:00 PM	Ride Connection-Glisan; 9955 NE Glisan Street; Portland
Wednesday	2/13/2019	9:00 AM- 5:00 PM	Ride Connection-Glisan; 9955 NE Glisan Street; Portland
Tuesday	3/12/2019	9:00 AM- 5:00 PM	Ride Connection-Glisan; 9955 NE Glisan Street; Portland

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### **Safe at Any Age- Defensive Driving (4.0 - 6.0 Hours)**

This class is a two-part program designed for safe drivers who have years of driving experience.

Basic Defensive Driving (Part I): A review of the basic defensive driving skills used to avoid collisions and maintain excellent safety records.

Safe Driving Practices and the Aging Process (Part II): This optional module describes the physical factors that may affect driving ability and how we all can compensate for the normal effects of aging.

**Note for RC Partners:** A state certified defensive driving course must be completed prior to driving the vehicle. The course must be repeated every three years for drivers under 70 years of age and every two years for drivers over 70 years of age.

**Cost of Course:** Network (No Cost); Non-Network \$60 per seat

**Note:** Please indicate one of the following options at registration.

- Basic Defensive Driving- Early Release
- Defensive Driving with Optional Module (Parts I and II)

Note that we must have at least 3 people for Part II in order to conduct the session.

See next page for the list of available sessions.

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### Safe at Any Age- Defensive Driving (Cont'd)

Please read information on the previous page carefully prior to enrolling in this course.

### Available Sessions

Wednesday	12/5/2018	9:00 AM- 4:00 PM	Ride Connection-Glisan; 9955 NE Glisan Street; Portland
Tuesday	12/18/2018	9:00 AM- 1:00 PM	Ride Connection-Glisan; 9955 NE Glisan Street; Portland <b>Part 1 Only</b>
Thursday	1/3/2019	9:00 AM- 4:00 PM	Ride Connection-Glisan; 9955 NE Glisan Street; Portland
Wednesday	1/16/2019	9:00 AM- 1:00 PM	American Cancer Society, Inc.; 0330 SW Curry Street; Portland <b>Part 1 Only</b>
Monday	1/28/2019	9:30 AM- 1:30 PM	Pioneer Community Center; 615, 5th Street, Oregon City <b>Part 1 Only</b>
Monday	2/11/2019	9:00 AM- 4:00 PM	Ride Connection-Glisan; 9955 NE Glisan Street; Portland
Friday	3/1/2019	9:00 AM- 1:00 PM	Ride Connection-Glisan; 9955 NE Glisan Street; Portland <b>Part 1 Only</b>

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### Class Information:

#### Registration

- To enroll participants in a class, [visit our registration page by clicking here.](#)
- Partners should register using their discount code

#### Cancellations

- Please read the cancellation and attendance policy in your confirmation email carefully. Refunds are not issued for no shows.
- Classes are not held when registration numbers total fewer than 5 participants.
- Class cancellations due to weather are handled on a case-by-case basis depending upon local conditions and forecasts. We communicate with participants as soon as possible when making decisions about weather related cancellations.
- If you are unable to attend a training you are registered for, please contact [training@rideconnection.org](mailto:training@rideconnection.org) or 503.528.1767

#### Participation Fees

- Specific costs for each training are listed with each course description.

#### Meals, Refreshments and Breaks

- Lunch and snacks are not provided during class and not every training site has access to nearby cafes or vending machines. Please encourage drivers to bring their own snacks, drinks and lunches.
- Specific information related to each training site is included in the confirmation email sent at registration.
- A 15-minute break is built into each 4 hours of training. 30 minutes for lunch are built into full day courses.

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### **Accommodations**

- We are committed to working toward eliminating barriers and improving accessibility for class participants. If you require any assistance or accommodation to participate in the class, please let us know at registration. We will contact you to discuss your needs.
- To accommodate individuals with sensitivities, please strive to limit or eliminate your use of scented products and fragrances while participating in our classes.

### **Certificates**

- Class certificates are distributed via email and are sent to the address listed on the registration form. Drivers do not receive a copy of the certificate, but agencies may forward certificates to the drivers as needed.
- In general, certificates are processed within 5 business days after the class is completed. Please wait at least 5 business days before inquiring about the status of a certificate.

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### Schedule at a Glance: December 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5 Defensive Driving 9-4 (w/ optional Part 2)	6	7	8
9	10	11 Mental Health First Aid 9-6	12	13 The Best Ride 9-5	14	15
16	17	18 Defensive Driving 9-1	19	20 PASS 9-5	21	22
23	24	25	26	27	28	29
30	31					

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### Schedule at a Glance: January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 The Best Ride 9-5	3 Defensive Driving 9-4 (w/ optional Part 2)	4	5
6	7	8 PASS 9-5	9	10	11	12
13	14	15	16 Defensive Driving 9-1	17	18	19
20	21	22 The Best Ride 9-5	23	24	25	26
27	28 Defensive Driving 9:30- 1:30	29	30	31		

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### Schedule at a Glance: February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6 The Best Ride 9-5	7	8	9
10	11 Defensive Driving 9-4 (w/ optional Part 2)	12	13 PASS 9-5	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28 The Best Ride 9-5		

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### Schedule at a Glance: March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7 The Best Ride 9-5	8	9
10	11	12 PASS 9-5	13	14	15	16
17	18	19	20 Defensive Driving 9-4 (w/ optional Part 2)	21	22	23
24	25	26	27  The Best Ride 9-5	28	29	30
31						

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